



East Midlands, East of England, South Yorkshire (EMEESY) Paediatric Renal and Urology Network

Role Description.

Title: **Paediatric Dietitian with an interest in renal**

Grade: Minimum band 6

Responsible to: Local Clinical Team Leader.

Essential qualifications: Qualified Paediatric Dietitian (4 year degree, post-graduate diploma or equivalent)

Responsibilities

- Provide specialist evidence based dietary advice and treatment for individual patients and their carers,
- Attend the shared care renal clinics, respond to telephone queries and treat renal ward patients and liaise with the local multi-professional team, and feedback to the Network Renal Dietitian if necessary.
- Undertake monitoring of patients as required at agreed intervals between shared care clinics.
- Recognise and consider relevant social, financial and other factors which affect compliance with dietary treatment plans.
- Ensure the provision of appropriate therapeutic diets, fortified foods, supplements and enteral tube feeds whilst an out-patient.
- Advise patients and multi-professional team on the most suitable phosphate binders, in conjunction with specialist Network Renal Dietitian and local SPIN paediatrician.
- Communicate complex dietary information using verbal and written formats, considering cultural differences, language, hearing impairment, anxiety and memory loss. Use the written dietary resources provided by Nottingham.
- Maintain an accurate and factual record of all patient contacts, according to Department and Trust guidelines, including information gathered and advice/treatment given. This will help in supporting research projects or audits relevant to the network
- Attend the biannual/annual network education meeting.
- Meet with the Network Renal Dietitian to identify training needs, ensure that knowledge and skills are regularly updated

Knowledge and skills

An understanding of the dietetic management of children with the following conditions/therapies:

- Nephrotic syndrome
- Chronic kidney disease
- Hypertension
- Peritoneal dialysis

- Congenital nephrotic syndrome
- Kidney transplant
- Bladder dysfunction

An understanding of the following is desirable:

- Plot anthropometric data on the relevant growth charts
- Low potassium diet
- First step phosphate restriction to optimise bone health
- Low phosphate diet
- No Added Salt diet
- Food fortification
- Oral calorie/nutritional supplements
- Renal specific infant formulas
- Renal specific oral calorie/nutritional supplements
- Post renal transplantation diet
- Renal snacks
- Eating out with chronic kidney disease
- Knowledge of medical terminology
- Understanding of how distressing chronic kidney disease can be for patients, parents and carers

Evidence of continuing professional development.

Member of the BDA including specialist Paediatric Renal Interest Group (PRING).

Pearl Pugh 11/2013