

Frequency/Volume Chart

We learn a lot about how a child's bladder works from information about their urination (weeing) and drinking. It would be very helpful if you could keep a detailed record over a few days of every wee you child does and every drink your child has. We would like you to record:

1. The time and volume (measure in mls) of each wee
2. The time and volume of each drink
3. The time and severity of any wet episode (small, medium, large)

If you miss a measurement, simply tick the chart instead. Start recording each day first thing in the morning.

Date:

Time	Drink	Urine	Wet? (s,m,l)
Totals			

Date:

Time	Drink	Urine	Wet? (s,m,l)
Totals			